

# TRANS HEALTH CARD

A TOOL TO FACILITATE AFFIRMING CONVERSATIONS  
BETWEEN GENDER-DIVERSE PATIENTS AND THEIR  
CARE PROVIDERS

## PLEASE CALL ME

This is my **chosen name** that I use instead of the  
name on my OHIP card:

PLEASE **DO NOT** USE THIS NAME.

## PRONOUNS

## GENDER IDENTITY

## SEX ASSIGNED AT BIRTH

## HORMONE REPLACEMENT THERAPY (HRT)

## MONITORED BY

## SURGERIES

## WHAT ELSE SHOULD YOU KNOW?